DEPARTMENT OF DEFENSE NONAPPROPRIATED FUND HEALTH BENEFITS PROGRAM

Summary of BenefitsTraditional Choice® Indemnity Plan

Effective 1 January 2000

Traditional Choice Indemnity Benefits

	Traditional Choice Indemnity Benefits	
Plan Provisions	Plan Benefits**	
Annual Deductible		
Individual	\$200	
Family	\$600	
Out-of-Pocket Limit Individual	\$2,000	
Family	\$2,000 \$6,000	
Lifetime Maximum	Unlimited	
Precertification	You handle;	
	\$500 penalty for failure to precertify (penalty waived if you are overseas)	
Preventive Care Physical exam and immunizations	100%, no deductible	
(one per calendar year)	100%, no deducable	
Well-child care and immunizations	100%, no deductible	
Birth to age 7		
Routine gynecological exam	100%, no deductible	
including Pap test and related lab fees (one per calendar year)		
Mammogram	100%, no deductible	
(one per calendar year for women age 35 and over)	20070, no deddeddie	
Prostate screening exam	100%, no deductible	
(one per calendar year for men age 40 and over)		
Routine eye exam	80%, no deductible	
(one per calendar year)	1000/ 4 675 1 1 64	
Lenses, frames and contacts (in addition to Vision One)	100% up to a \$75 maximum benefit per calendar year per person	
Routine hearing exam	100%, no deductible	
(one per calendar year)		
Hearing aids	100%, no deductible	
(\$500 lifetime maximum)		
Physician Services Office visits for treatment of illness or injury	80% after deductible	
Maternity care	80% after deductible	
In-office surgery	100% of first \$1,000; then 80% after deductible	
Allergy testing and injections		
	80% after deductible	
Specialists (office visits)	80% after deductible	
Second surgical opinion	100%, no deductible	
Hospital Services		
Inpatient Services	20% after deductible	
Hospital room and board and ancillary services Propagative testing	80% after deductible	
Preoperative testing	100%, no deductible	
Lab and X-ray	80% after deductible	
Surgery Physician beautist visits	80% after deductible	
Physician hospital visits	80% after deductible	
Anesthesia	80% after deductible	
Outpatient Services Surgery	80% after deductible	
Independent lab and X-ray facilities	80% after deductible	
Emergency Care	Sold Maria de Maria	
Hospital emergency room	80% after deductible	
Hospital emergency room for non-emergency care	50% after deductible	
Ambulance	80% after deductible	
** Coverage is subject to reasonable and systematic character		

^{**} Coverage is subject to reasonable and customary charges.

Summary of Benefits

continued

Traditional Choice Indemnity Benefits

Plan Provisions	Plan Benefits**	
Health Care Alternatives Convalescent facility (up to 90 days per calendar year; prior hospitalization not required)	80% after deductible	
Home health care (up to 90 visits per calendar year)	80% after deductible	
Private duty nursing (up to 70 eight hour shifts per calendar year)	80% after deductible	
Hospice (inpatient and outpatient)	100%, no deductible	
Other Health Care Family planning (voluntary sterilization)	100% of the first \$1,000; then 80% after deductible	
Short-term rehabilitation (60-day maximum per treatment)	80% after deductible	
Durable medical equipment	80% after deductible	
Spinal disorder (chiropractic) (20 visits per calendar year)	80% after deductible	
Mental Health Care* Inpatient	80% after deductible; up to 60 days per calendar year; 50% thereafter	
Outpatient (up to 45 visits per calendar year)	80% after deductible	
Substance Abuse Treatment* Inpatient (up to 45 days per calendar year)	80% after deductible	
Outpatient (up to 45 visits per calendar year)	80% after deductible	

* Outpatient day maximums for mental health and substance abuse are not combined.

Prescription Drug Benefits

Prescription Drug Benefits		
Participating Pharmacy Program	Participating Pharmacies	Non-Participating Pharmacies
(30-day supply)		
Generic drugs	100% after \$5 copay	Not covered
(mandatory unless not available or doctor requires brand-nam	ne)	
Brand-name drugs*	100% after \$15 copay	Not covered
(if generic is not available or doctor requires brand-name)		
Mail-Order Service		
(90-day supply)		
Generic drugs	100% after \$5 copay	
(mandatory unless not available or doctor requires brand-nam	ne)	
Brand-name drugs*	100% after \$15 copay	
(if generic is not available or doctor requires brand-name)		

* If you request a brand-name drug when a generic is available, you pay the brand-name copay plus the difference between the brand-name price and the generic price. If your doctor indicates a brand-name drug is medically necessary, you pay only the brand-name copay.

Prescriptions Purchased Overseas

Generic drugs 100% after deductible
Brand-name drugs 80% after deductible

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